

CHILD HEALTH RECORD: FORM 3, SCREENINGS, PHYSICAL EXAMINATION/ASSESSMENT

PART I. TO BE COMPLETED BY HEAD START STAFF OR HEALTH CARE PROVIDER BEFORE PHYSICAL EXAMINATION/ASSESSMENT

CHILD'S NAME: _____ SEX: _____ BIRTHDATE: _____
 HEAD START CENTER: _____ PHONE: _____
 ADDRESS: _____

1. RELEVANT INFORMATION (from Health History, Parent/Teacher Observations):

2. SCREENING TESTS. Starred Items (*) are required by Head Start and recommended by the American Academy of Pediatrics for children 3-5 years. Enter dates if done previously. When recording results, enter at a minimum "N", "S", or "A" for NORMAL, SUSPECT, OR ATYPICAL/ABNORMAL, respectively.

| TEST | DATE | RESULTS | TEST | DATE | RESULTS |
|---|------|----------------------|--|------|---------|
| a. PRESENT AGE* | | ____ Yrs., ____ Mos. | g. VISION (Type of Test)* ACUITY, R/L _____ RESCREENING _____ STRABISMUS _____ COMMENTS _____ | | |
| b. HEIGHT (no shoes, to nearest 1/8 in.)* | | | | | |
| c. WEIGHT (light clothing to nearest 1/4 lb.)* | | | | | |
| d. BLOOD PRESSURE | | | | | |
| e. HEMATOCRIT or HEMOGLOBIN* | | | h. OTHER TESTS (If indicated) (1) TB _____ (2) Sickle Cell _____ (3) Lead _____ (4) Ova & Parasites _____ (5) Urinalysis _____ (6) Other _____ | | |
| f. HEARING (Type of Test)* RESULTS, R/L _____ RESCREENING _____ COMMENTS _____ | | | | | |

3. PHYSICAL EXAMINATION/ASSESSMENT. Complete and return top three copies to Head Start.

| | NORMAL FOR AGE | ABNOR. MAL | NOT EVAL. | COMMENTS (Use Additional sheet if necessary) |
|---|----------------|------------|-----------|--|
| a. GENERAL APPEARANCE | | | | |
| b. POSTURE, GAIT | | | | |
| c. SPEECH | | | | |
| d. HEAD | | | | |
| e. SKIN | | | | |
| f. EYES: (1) External Aspects (2) Optic Fundlesopic (3) Cover Test | | | | |
| g. EARS: (1) External & Canals (2) Tympanic Membranes | | | | |
| h. NOSE, MOUTH, PHARYNX | | | | |
| i. TEETH | | | | |
| j. HEART | | | | |
| k. LUNGS | | | | |
| l. ABDOMEN (Include hernia) | | | | |
| m. GENITALIA | | | | |
| n. BONES, JOINTS, MUSCLES | | | | |
| o. NEUROLOGICAL/SOCIAL (1) Gross Motor _____ (2) Fine Motor _____ (3) Communication Skills _____ (4) Cognitive _____ (5) Self-Help Skills _____ (6) Social Skills _____ | | | | |
| p. GLANDS (Lymphatic/Thyroid) | | | | |
| q. MUSCULAR COORDINATION | | | | |
| r. OTHER | | | | |

s. GENERAL STATEMENT ON CHILD'S PHYSICAL STATUS:
 Signature: _____ Date: _____

4. FINDINGS, TREATMENTS, AND RECOMMENDATIONS

| ABNORMAL FINDINGS/DIAGNOSIS | TREATMENT PLAN | RECOMMENDED FOLLOW-UP OR RESULTS (Initial when complete) | DATE |
|-----------------------------|----------------|--|------|
| a. | | | |
| b. | | | |
| c. | | | |
| d. | | | |

PART II. TO BE COMPLETED BY HEALTH CARE PROVIDER DURING AND AFTER PHYSICAL EXAMINATION/ASSESSMENT