

Protect Yourself and Your Family from COVID-19

Get Vaccinated & Boosted – It's Safe, Effective, and Free

[All COVID-19 vaccines currently available in California](#) are safe and effective at preventing serious illness from COVID-19. Vaccination will protect you and those you love. All Californians ages 5+ should get vaccinated. Those eligible should get boosted. To get vaccinated or boosted visit [MyTurn](#).

Wear a Mask When Required and Recommended - and Wear a Good One

California strongly recommends that everyone, regardless of vaccination status, wear a mask in all indoor public settings (like the grocery store). And always choose a good mask. A KN95, KF94, or N95 that fits well is best, or a surgical mask with a cloth mask on top is also a good option. California also requires universal masking in some settings, such as on public transportation and in hospitals, and shelters. Keep in mind local areas may have stricter rules than the state. Read our [full masking guidance](#).

Stay Home and Get Tested If You're Sick

Stay home if you're feeling sick and get tested if you have COVID-19 [symptoms](#), even if you're vaccinated and boosted. Read our [testing guidance](#).

Ventilate Indoor Spaces

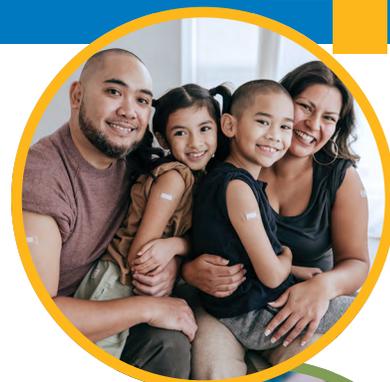
Good indoor ventilation reduces COVID-19 risk. Keep windows and doors open when possible, run heating and air systems, and use portable air cleaners. Read our [ventilation fact sheet](#).

Follow Public Health Travel Guidelines

Follow state and local travel guidelines. All travelers arriving or returning to California from other states or countries should test for COVID-19 within 3–5 days upon arrival. This applies to everyone, regardless of vaccination status. Read our [travel advisory](#).

Sign Up for CA Notify

If you have a smartphone, sign up for CA Notify, California's exposure notification tool. If you've been exposed to COVID-19, you'll get an alert and additional information on testing and next steps. Sign up for [CA Notify](#).



Scan the QR code to see the interactive links on this flyer.

